

MCCS SWIM TEST AUTHORIZATION

Date _____

Pool (circle one) Indoor Club Pool Waterworks

(Please print clearly)

Dependents Name _____

Date of Birth _____ Age _____

Home Phone Number _____ Cell Phone Number _____

Mailing Address _____

List all medications being taken _____

I (parent/guardian/children ages 12-15 may request the test for themselves)

_____ authorize Marine Corps Community Services (MCCS) Aquatics staff to test my child's swimming ability. If my child passes the swim test, he/she will be allowed to swim in all MCCS swimming pools without **direct** supervision.

The swimming test requirements are as follows:

1. The test must be successfully completed by anyone age 15 years and younger in order to receive a swim bracelet and swim without **direct** supervision.
2. 50-meter non-stop swim with the use of swimming aids (i.e. arm "floaties", kick board, swim belt, etc...). Must complete swim using a productive, recognizable swimming stroke (doggy paddling, elementary backstroke and underwater swimming are NOT permitted). Backstroke with arms coming out of the water will be allowed for only 25 of the required 50-meter swim. Following the 50-meter swim, treading water in the deep end with mouth out of the water for two minutes is required.
3. Upon successful completion of the swim test, the swimmer will be issued a swim card. Each time the swimmer comes to an MCCS pool he/she must present their swim card **and** a valid military ID (if aged 10 or older). If age 9 or younger, the parent/guardian must present their military ID **and** remain in the facility (**indirect supervision**). Once swim card is produced, swimmer will be issued a swim bracelet, which must be worn the entire time they are at the pool.
4. Patrons aged 15 and under who do not take or successfully complete the swim test must be **directly** supervised by and within arm's reach of a parent/guardian while in the pool.
5. Any swimmer aged 10 or older who has successfully passed the swim test may be left unattended at the pool and swim anywhere in the pool.
6. Swimmers aged 9 and under who have successfully passed the swim test must have a parent or guardian present at the pool; however, it is not necessary for the parent/guardian to be in the water with their child. Parents are still required to monitor their children at all times.
7. Swimmers aged 15 and under must have a "swim bracelet" to be allowed to be use the diving board and/or slides (Waterworks Pool). Anyone under the age of 15, who has not passed the swim test, is not permitted to use the diving board or slide (waterworks Pool) at any time.
8. All swimmers will be retested every year. (Please see reverse side of form)

Please Note: **Any child aged 15 and under that does not pass the swimming test must be directly supervised (within arm's reach of a parent or guardian aged 16 or older) at all times while in the pool.**

_____/____/_____

Person requesting test

Date

_____/____/_____

Lifeguard

Date

For Office Use Only

Date Received: _____

Date Issued: _____

Issued By: _____