

## What MCFTB has for:

### Teens/Kids

**L.I.N.K.S. (Lifestyle, Insights, Networking, Knowledge, and Skills) for Teens** – Teens (ages 13-18) of active duty Marines and Sailors learn about Marine Corps customs, volunteering, resume writing, and character building. It is a great opportunity for military children to get together and discuss military life.

**L.I.N.K.S. (Lifestyle, Insights, Networking, Knowledge, and Skills) for Kids** - Children (ages 6-12) of active duty Marines and Sailors learn about Marine Corps customs, friendship, stress relievers for their next PCS, and other helpful information for their Marine Corps lifestyle. They'll also learn the Marine Corps Hymn

**SAFE & SOUND WORKSHOP** - This workshop will provide many safety tips from experts to help educate the community on how to stay safe. We will discuss and display how to utilize a fire extinguisher and the proper techniques as well as the types of fires that typically occur in the home. We will also show the proper steps for jump starting a car battery and how to maintain proper care on a vehicle. This event will also contribute to the lessons and techniques one can utilize to maintain personal safety and mentor to the community on how to avoid unnecessary circumstances. We will also learn how to physically prepare for any crisis situation or evacuation.

**Kids-N-The Midst** - Fun/Educational/Avenue for Communication/Relaxation/ Networking

Children will have venues to create craft projects while discussing feelings about deployment. A counselor will be present. The event will start off with a puppet show and then break off into groups that will rotate every 15-20 minutes. In their groups, children will create crafts and learn valuable lessons about coping with deployment.

Parents will be in a small-group setting to discuss children facing deployments and what they can prepare for or expect while in deployment. The group setting will give parents the chance to also share best practices.

All participants will travel to the Crash Fire and Rescue area to see a demonstration on safety. Experiencing this together will not only increase parents' and children's knowledge of fire safety, but it also provides an atmosphere for bonding between parents and children.

**Please call Marine Corps Family Team Building  
at 253-3754/3542 for class dates or for more information.**